

Dental Care Tips

In between visits, we still like to help our patients care for their smile by providing tips and advice to ensure you maintain your dental health.

Here's a handy guide for you to follow:

- Brush your teeth at least twice a day with fluoride toothpaste – ideally last thing at night and one other time during the day
- Try to brush your teeth for at least two minutes every time for a thorough clean
- Don't brush too hard – it could damage your gums and remove enamel from your teeth
- Clean between teeth with floss or dental tape to get rid of plaque that can't be reached with regular brushing
- Pay attention to when you eat sugar and how much – when possible try to limit sugar intake to straight after your meal

Your dentist or hygienist will provide bespoke care advice at every appointment, to ensure you receive care that is tailored to your needs.

Emergencies

In case of an emergency during practice hours, please contact the practice immediately. We will always endeavour to see a patient in pain on the same day.

If you require emergency treatment outside surgery hours, please telephone the practice where you will hear a message detailing the specific arrangements for that day.

Safety

We take all necessary precautions to safeguard you and our staff. We follow recommended guidelines with regard to sterilisation of instruments and the use of disposable items, e.g. gloves and needles. We are happy to answer any questions you may have.

Practice Hours

Monday:	9.00 am	–	4.45 pm
Tuesday:	9.00 am	–	4.45 pm
Wednesday:	9.00 am	–	4.45 pm
Thursday:	9.00 am	–	4.45 pm
Friday:	9.00 am	–	4.30 pm

If you have to cancel an appointment, please give us 24 hours' notice so that we can offer the time to someone waiting for treatment. We may make a charge for short notice cancellations or missed appointments.



cambornedentalpractice

*Spread the cost
of your routine
dental care*

Easy Payment Plan

Dr S F Hamilton & Associates

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Welcome

Whether you are a new or an existing patient, we would like to thank you for choosing our practice. We pride ourselves on providing high-quality comprehensive and preventative dentistry for all the family. We are therefore delighted to offer our Camborne Dental Care Plans, which enable us to provide you with the treatment and support necessary to control dental disease and restore your mouth to full fitness.

Our modern health-promoting approach with continuing care means:

- Fewer fillings
- Less dental decay
- Less likelihood of toothache
- More attractive teeth
- More choice
- Reduced costs
- Helping to keep your own teeth for life.

Hygienists

Regular hygiene visits are encouraged to help you achieve and maintain a healthy mouth.

Our dedicated hygienists go through the most important aspects of maintaining a high level of oral hygiene care at home.

We will professionally clean your teeth, removing any stains, thus leaving your mouth feeling healthy and fresh.

Treatments and Services Available

As well as routine dental care, we are able to offer a comprehensive range of cosmetic treatments. Please enquire about:

- Tooth whitening
- Non-metallic crowns and fillings
- Bridges and dentures
- Cosmetic treatments to improve your smile.

Practice Membership

Just look at what you can gain from becoming a member!

We believe in helping you to maintain your oral health, whilst enabling you to spread the cost of your routine dental care. That's why we have introduced our own dental membership options to ensure healthy teeth and gums for life.

	Camborne Dental Maintenance Plan	Camborne Dental Preventative Plan	Camborne Dental Enhanced Plan
Number of dental appointments per year*	1	2	2
Number of hygiene appointments per year*	2	2	4
Discount on treatments carried out at the practice, exclusions apply	15%	15%	15%
Eligibility to request assistance from the Worldwide Dental Emergency Assistance Scheme**	✓	✓	✓
Routine x-rays	✓	✓	✓
Treatment planning for your future dental needs	✓	✓	✓
Assessment of emergencies and dental pain with any temporary treatment required, carried out at the practice during normal surgery hours	✓	✓	✓

* The provision of routine examinations and hygiene visits is subject to receipt of the required consecutive monthly payments.

**The Worldwide Dental Emergency Assistance Scheme is a scheme established to offer support and assistance to dental plan patients who request treatment following a dental trauma and/or dental emergency or oral cancer. The Scheme responds to requests for assistance on a wholly discretionary basis. This means that, whilst the Scheme aims to provide benefits in most cases, it has no obligation to provide any benefit unless it first decides (in its sole and absolute discretion) that it should provide a benefit. There are some circumstances in which the Scheme is not designed to help and these are explained in more detail in the Scheme Handbook. Each request will be looked at individually to assess the request for benefit. Certain restrictions and limitations may apply in the event that the request is accepted and it is possible that the Scheme will decide to provide no benefit.

How Do I Register?

Please call in at the practice where an Agreement will be completed. This will require your signature and bank account details for the Direct Debit instruction. Direct Debits are collected from your account on the 8th of every month. Benefit from cover will commence from the 1st of the month (effective month on the dentist/patient Agreement).

If you have any queries, please ask a member of staff.